



Level 1 Kinesiopractic. Thursday 2025

Venue: The Centre of Healing. 68 Station St Somerville

Time: 9.30am to 5.30pm

UNIT	CLASS	DATE
BKP 101	Energisers and Self Care	Thursday 13 th March
BKP 102	Manual Muscle Testing	Thursday 24 th April
BKP 103	5 Element Introduction - Yin Balance	Thursday 1 st May
BKP 104	Kinesiology and Superficial Connections	Thursday 5 th June
BKP 105	5 Elements - In-depth	Thursday 31 st July
BKP 106	Professional Skills, Balancing Protocol with Database	Thursday 21 st August
Catch Up	Catch up day- Homework and Consolidation	Thursday 18 th September
BKP 107	Pain Reduction	Thursday 16 th October
BKP 108	History/Balancing with Food	Thursday 6 th November
BKP 109	Advanced Muscle Techniques, Reactivity and Posture	TBA March 2026
BKP 110	Client Health Records and Professional Relationships	TBA April 2026
BKP Exam	BKP Practical Exam	TBA May 2026
EMS 201	Mastery of Emotional Stress Release	TBA June 2026
RBT 201	Touch and Massage	TBA July 2026
A&P1	Anatomy and Physiology	Home study- In your own time
OCT 201	First Aid Certificate	Sourced Externally