



Level 1- Kinesiopractic- Saturday 2025

Venue: **Health 104**. 104 Canterbury Road Middle Park

Time: 9am to 5pm

UNIT	CLASS	DATE
BKP 101	Energisers and Self Care	Saturday 8 <sup>th</sup> March
BKP 102	Manual Muscle Testing	Saturday 5 <sup>th</sup> April
BKP 103	5 Element Introduction - Yin Balance	Saturday 3 <sup>rd</sup> May
BKP 104	Kinesiology and Superficial Connections	Saturday 14 <sup>th</sup> June
BKP 105	5 Elements - In-depth	Saturday 19 <sup>th</sup> July
BKP 106	Professional Skills, Balancing Protocol with Database	Saturday 16 <sup>th</sup> August
Catch Up Day	Catch Up/ Homework Consolidation Day	Saturday 13 <sup>th</sup> September
BKP 107	Pain Reduction	Saturday 11 <sup>th</sup> October
BKP 108	History/Balancing with Food	Saturday 8 <sup>th</sup> November
BKP 109	Advanced Muscle Techniques, Reactivity and Posture	TBA March 2026
BKP 110	Client Health Records and Professional Relationships	TBA April 2026
BKP Exam	BKP Practical Exam	TBA May 2026
EMS 201	Mastery of Emotional Stress Release	TBA June 2026
RBT 201	Touch and Massage	TBA July 2026
A&P1	Anatomy and Physiology	Home Study Online in your own time
OCT 201	First Aid Certificate	Sourced Externally